



'INJUSTICE ANYWHERE IS A THREAT TO JUSTICE EVERYWHERE'

5 WAYS YOU CAN HELP

THE TIME FOR CHANGE IS NOW

***We are fighting for the 5 principles of Social Justice**

Social Justice

DIGNITY OF THE HUMAN BEINGS

PRIMACY OF THE COMMON GOOD

RECIPROCAL RIGHTS AND RESPONSIBILITIES

DIGNITY OF WORK AND RIGHTS FOR WORKERS

FUNDAMENTAL OPTION FOR THE POOR AND
VULNERABLE

A black and white photograph of a protest. In the foreground, several people are holding large signs. One sign on the left says "DIGNITY FOR ALL". Another sign in the center says "THE RIGHT TO END OPPRESSION". To the right, a sign says "END RACISM". In the background, more people are visible, some holding signs that say "WE WILL NOT BE SILENT" and "WE WILL BE HEARD". The overall scene is one of a large-scale demonstration for civil rights.

**TRUE PEACE IS NOT
MERELY THE ABSENCE OF
TENSION; IT IS THE
PRESENCE OF JUSTICE.**

MARTIN LUTHER KING JR.

1. JOIN

It's time for us to stand in solidarity against racism, violence, police brutality and discrimination. It's time to unite with the black community in pursuit of systemic change, equality and justice.

'It is not enough to be non-racist, we must be anti-racist'

- **Angela Davis**



2. SIGN

Together we CAN make a difference in the fight for justice. Please sign the petitions.

Go to <https://www.change.org/> and enter the names listed below:

- Justice for George Floyd
- Justice for Ahmaud Arbery
- Justice for Breonna Taylor
- Justice for David McAtee



3. GIVE

Giving is not just about making a donation, it's about making a difference.

Help by standing for what's right!

Please see the next page for a list of organisations and great causes where you can support and donate.



*DONATIONS



MINNESOTA FREEDOM FUND

<https://minnesotafreedomfund.org/>



COLOR OF CHANGE

<https://colorofchange.org/>



BLACK LIVES MATTER

<https://blacklivesmatter.com/about/>



NAACP

<https://secure.actblue.com/donate/naacp-1>



THE MOVEMENT FOR BLACK LIVES

<https://secure.actblue.com/donate/movement-4-black-lives-1>



STEPHEN LAWRENCE CHARITABLE TRUST

<https://www.stephenlawrence.org.uk/support-us/donate/>

4. LEARN

Recommended Reading - Anti-Racism books:

- How to be an antiracist - **Ibram X Kendi**
- So you want to talk about race - **Ijeoma Oluo**
- Me and White Supremacy - **Robin Diangelo and Layla Saad**
- Killing the black body - **Dorothy Roberts**
- This book is Anti-Racist - **Tiffany Jewell and Aurelia Durand**
- Homegoing - **Yaa Gyasi**
- The source of self regard - **Toni Morrison**
- Stamped: Racism, Anti-racism an You - **Jason Reynolds and Ibram X Kendi**

To purchase or view an extended reading list of Anti-racism books, please go to: <https://bookshop.org/lists/antiracist-reading-recs>

5. CHANGE

THE TIME FOR CHANGE IS NOW

'The beauty of anti-racism is that you don't have to pretend to be free of racism to be an anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself. And that's the only way forward.'

- **Ijeoma Oluo**

THE CHANGE BEGINS WITHIN

'And there comes a time when one must take a position that is neither safe, nor politic, nor popular, but one must take it because one's conscience tells one that it is right'

- **Martin Luther King Jr.**

TOGETHER WE STAND

#TogetherWeStand





NO ONE IS BORN HATING ANOTHER PERSON
BECAUSE OF THE COLOUR OF HIS SKIN, OR HIS
BACKGROUND, OR HIS RELIGION.

PEOPLE MUST LEARN TO HATE, AND IF THEY CAN
LEARN TO HATE, THEY CAN BE TAUGHT TO LOVE,
FOR LOVE COMES MORE NATURALLY TO THE
HUMAN HEART THAN ITS OPPOSITE.

NELSON MANDELA

